

leavenworth.k-state.edu/4-H

4-H Focus

Leavenworth County

December 2022

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K-State Research and Extension is an equal opportunity provider and employer.

Kansas4-H.org

Meet our New Agents

Tyler Sale - Agriculture & Natural Resources Agent

Originally from Cherryvale, a small town in Southeast Kansas, Tyler comes to us from a diversified farm which focused on crops and livestock. He was actively involved in 4-H and FFA throughout high school by showing livestock and competing on livestock judging teams. After graduating from OSU, he was hired as the cowherd manager for a prominent registered Angus and Hereford operation in Oklahoma. In his spare time, he also enjoys raising registered cattle of his own and helping out on his family's operation. Tyler is excited to offer us his passion for agriculture and a willingness to help all producers with any problems they may have.



Anita Muniz-GrandPre - Family and Consumer Science Agent

Anita has a huge heart for Non-Profit organizations! She has volunteered for Big Brothers Big Sisters, Girl Scouts, Habitat for Humanity, Salvation Army, and other local agencies/schools/churches. She has been fortunate to work in the non-profit industry for 7.5 years and has enjoyed every program she's worked for. Her professional background includes work in Community Outreach, Recruitment, Marketing, Partnership Engagement and Referral Systems.

Anita is an Emporia, KS native and Emporia State University alumna. She'd love to grab coffee and talk more about what K-State Research and Extension has to offer.





2022-2023 4-H Enrollment

Thank you to those 4-H families who have already enrolled for the 2022-2023 4-H year. If you have not yet enrolled, please do so as soon as possible. 4-Hers should not be participating in 4-H events without being enrolled.

- *Please go to <https://v2.4honline.com/#/user/sign-in> to get started
- *If you are a returning family, use your log-in and password from last year. Do not create a new account.
- *Remember to update family address, phone numbers and email addresses. The Extension Office uses this infor-

mation on a regular basis to contact your family. If the information is not correct, you may miss important information throughout the 4-H year.

- *Reminder that 4-Hers will not be active until payment of the annual \$15 fee is received and processed by the State Office. We strongly encourage families to pay with a credit card instead of by check. A check can significantly delay your enrollment.

If you have any questions, please do not hesitate to give us a call at the office. We are here to help!!

Leavenworth County 4-H Youth Development Extension Agent



Sonya Murphy
613 Holiday Plaza
Lansing, KS 66043
O: 913-364-5700
C: 913-240-1129
sonyam@ksu.edu

I am here to help. Please reach out to me with any questions.

4-H Volunteer Renewal

First, thank you to all those individuals who give their precious time to our 4-H program. Without you, this program would not be a success. I want to quickly remind you that each year volunteers need to renew their enrollment no different than 4-Hers. This starts with re-enrolling yourself in 4honline. If you are a new volunteer in our program we ask that you register just like you would for your 4-Her and choose the type of volunteer you intend to be. Choices include club volunteer, project volunteer, and program volunteer. Once you pick the type then you can specify more in detail how you will be volunteering. Please note that only if you will be working one on one

with youth do you need to be a certified volunteer. Certified volunteers are required to not only fill out the volunteer enrollment on 4honline but also to complete a background check and volunteer training modules. Again this is only for those working one on one with youth. Most parent volunteers will only need to register and will not need to complete the certification steps.

Thank you for registering as a Leavenworth County 4-H Volunteer.

Your Extension Office is Moving

As many of you may already know we are moving. The new Extension Office will be located within the old Cushing Hospital Building. We will be located on the first floor. When you come to visit us, you will enter in through the old emergency room sliding doors and take a right and head down the corridor until you come to our office. We plan to open in the new location after the first of the year. We will email our 4-H families when we have a definite date. Below is our new address. Our phone number will remain the same.

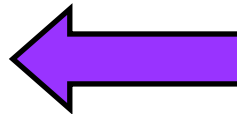
K-State Research & Extension—Leavenworth County

711 Marshall Street; Suite 101

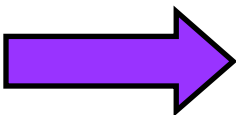
Leavenworth, KS 66048



Hospital Emergency entrance which will be our new entrance



Architectural mock up of our new space. Stay tuned for actual pictures once the space is complete.



Leavenworth County Youth Leaders Annual Food Drive

Leavenworth County 4-H Youth Leaders will be collecting nonperishable food items at the 4H building from 4-7pm on Tuesday, December 13, 2022.

You can simply drive by and hand items over if you don't want to get out of your vehicle. The Good Shepherd Food Bank and Thrift Store provides support to many in our community. Please contribute if you can.

The goal is to exceed the 850 items we collected last year. Also, Leavenworth County 4-H is donating a \$50 cash prize to the club that donates the most items.

We'll have a running total board at the drop off location. (And before anyone asks, a flat of 12 cans of soup counts as 12 items, but a box of granola bars counts as 1 item, not 10 and a bag of potatoes counts as 1, not 20 - please don't break open packages meant to be one thing).

If you have questions, please contact the office or Gretchen Manus.

4-H County Club Day

What?

What is 4-H Club Day you ask? 4-H Club Day is an opportunity for youth to show off their talents and practice public speaking. Youth will present or pre-form in front of a judge and then receive a little feedback and a ribbon. If you like to sing, dance, play an instrument, do a demonstration or talk about a favorite subject or act out a skit then 4-H Club Day is the place for you.



Why?

Participating in Club Day helps youth work on public speaking skills, builds confidence and allows them to show off their amazing talents. Participating in events like this one will help youth develop communication skills, boost critical thinking and increase self-esteem.

When & Where?

Leavenworth County Club Day is always held in February. This year is no different. We are going to try a Sunday this year to help those kiddos who have Saturday events. We will start a little later to help accommodate those who attend church on Sunday mornings.

Tentative Date: Sunday, February 5, 2023

Where: Lansing Intermediate School



How?

How do I register? You will receive a link via email in early January. Please fill out the registration form no later than January 20th. You will also be able to access the registration form on our website once it is emailed out. Please remember to fill out a separate registration form for each participant. If you have any questions, please contact the Extension Office at 913-364-5700.

Project Spotlight - Communications

Welcome to the world of communications! It's been estimated that the average person spends 50 to 80 percent of their time communicating in some way throughout the day. No matter who you are or where you come from, communication takes practice! In the 4-H Communications project you can learn how to be an effective public speaker, learn how to actively listen and respond to resolve conflict, and practice self-expression and creativity.

Healthy Living

- Create a project to build awareness about daily stressors and mental health concerns in youth and how to be supportive or preventive.
- Create posters about anti-

bullying at school.

- Present a play about the benefits of healthy living to audiences ranging from preschoolers to the elderly.

Science and Agriculture

- Present an illustrated talk on how effective or ineffective communication occurs.
- Create a project talk that explains different communication disorders in youth and the adaptive technology that they use to access education and resources.
- Start a blog to share your passion for agriculture issues.

Community Vitality

- Volunteer to teach Cloverbuds how to use a new communication skill.

- Serve as a Communications junior project leader and help facilitate project meetings.

Communication and the Arts

- Give a reading or perform a short skit at your club meeting or county event.
- Give a talk on how to resolve a conflict, show empathy, or have a tough conversation.

Add/Drop Date for Projects—February 1st

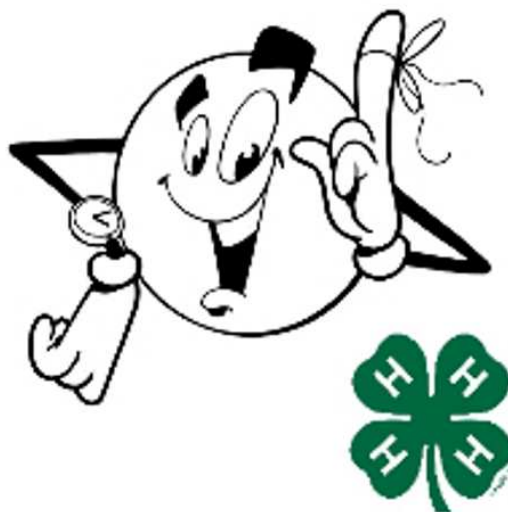
This year's add/drop date for 4-H projects is fast approaching. February 1st is the deadline for all returning 4-ers to add or drop any 4-H projects. After February 1st, all projects are locked in for the 2022-2023 4-H year and can not be changed.

If this is your 1st year in 4-H, you have until May 1st to add or drop projects. After May 1st, your projects are locked in for the 2022-2023 4-H year.

I strongly encourage you to log in to your 4-Honline account before February 1st and double check that your kiddo's projects are correct. You can do this by logging in, selecting view next to the 4-her you wish to check and then on the left hand side of the screen in the menu list you will see projects. Click on projects to view all that the selected 4-Her is enrolled in.

Families can't make changes to pro-

jects. Projects can be changed or added by calling the Extension Office at 913-364-5700 or sending an email to Tina Packard at tpackard@ksu.edu



Record Book Corner

- Print your record book checklist, a blank copy of your permanent record and the application of the membership pin you want to achieve this year now so you know what activities and events you need to plan for and you have a place to keep record of all those fabulous things you do all year through 4-H and outside 4-H.
- Decide which projects you plan to complete a project report form for that way you can plan your 4-H activities accordingly. For example if you choose beef, you can make sure you are keeping all the correct financial information or if you choose foods you might plan to do your project talk or demonstration around the food project.
- Remember to take pictures while participating in different activities. Photos make a great addition to your record book.
- Plan to present at 4-H Club Days in February. Great way to get some boxes checked for your record books! Registration information will be coming out soon.

4-H Scholarships

Did you know that there are many different scholarship opportunities within the 4-H program? Some scholarships come from 4-H County Council while others come from outside funding like the Leavenworth 4-H Foundation. Financial support ranges from help with events while youth are in the program to assistance with college for graduating seniors and 1st year college students. Below are some examples of those opportunities.

Event Scholarships:

Leavenworth County 4-H Council offers an event scholarship for all 4-H events with the exception of livestock entry fees. These scholarships can pay for 100% of events \$75 and under and 50% of the cost after the initial \$75 up to \$500. In order to be eligible for event scholarships, the 4-Her must have worked the 4-H food stand the previous year at county fair and must fill out the application form and submit it to the Extension Office.

4-H Foundation:

The Leavenworth County 4-H foundation offers numerous scholarships for many different occasions. Some of these occasions include KYLF, National 4-H Congress, Citizenship Washington Focus and the Livestock Judging Contest and Clinic. The foundation also administers senior scholarships for graduating Seniors. You can contact the Foundation or our Extension Office for more details.

David Klamm Scholarship:

The Klamm family has set up a scholarship for those 4-Hers who have completed their freshman year in college or trade school. This scholarship is \$500. Deadline to apply is March 1st.

All applications can be found on our website: leavenworth.ksu.edu under 4-H Youth Development and then Awards and Scholarships.



Horse Panorama

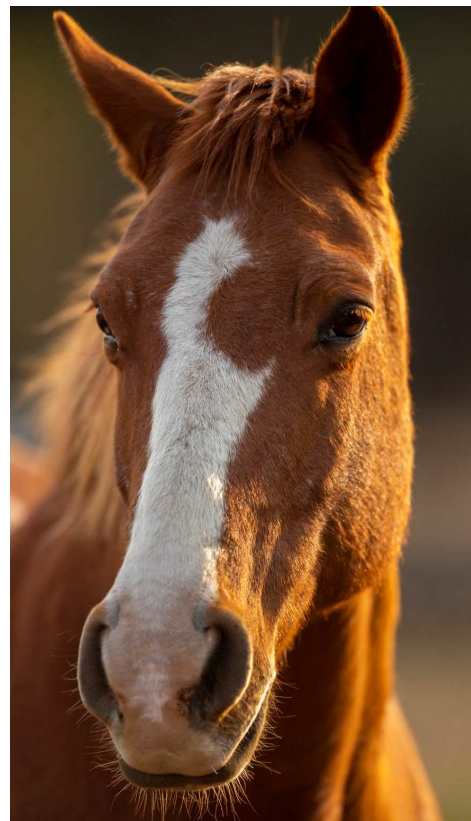
Horse Panorama is a compilation of various contests related to the Horse Project. Contests include: quiz bowl, hippology, public speaking presentations, photography and educational posters. There will also be educational activities for 4-Hers of all ages.

The 2023 4-H Horse Panorama event will be held January 28, 2023 at K-State Salina Campus.

This event is open to 4-H youth ages 7-18. Leavenworth County's Panorama team has been busy practicing to get ready for this great event. If you are interested in participating in the 4-H Horse

Panorama in the future, please talk to our horse project leader, Katherine Shade for more details.

Good luck to those Leavenworth County youth who will be participating in this year's 4-H Horse Panorama.



“When we strive to become better than we are, everything around us becomes better too.” - Paulo Coelho

2023 Kansas 4-H Dog Judging Training and Recertification

The 2023 Kansas 4-H Dog Judges Training and Recertification will be held in Wichita, KS at the Extension Center on January 27-29, 2023. Beginning the training on Friday evening has allowed participants in one weekend to be trained in and certified in the four dog phases of showmanship, obedience, agility and rally obedience of the Dog Care and Training Project.

New judges can be certified and returning judges can get a refresher and be re-certified. This is also a good opportunity for local dog project leaders and older 4-H members to observe the training and better understand

how they will be judged at invitational shows and the Kansas State Fair 4-H Dog Show. Participants must be 16 years old and up to attend this certification and training.

New judges are always needed. Parents or other volunteers who want to help our 4-H youth with the dog project, should consider taking the training. All who register should have knowledge of the 4-H dog program.

Registration: https://kstate.qualtrics.com/jfe/form/SV_ovLsfQo6VyOzsQC

Registration Deadline: January 15, 2023

Fee: Certification cost \$95 and Observing cost \$50

Judges will be able to select which areas they would like to certify in: showmanship, obedience, rally obedience and/or agility.

Those who received a score of 80% or higher are recertified for the next 5 years. If they received a lower score, they will need to complete an in-person recertification process when it becomes available.



Leavenworth County
613 Holiday Plaza
Lansing, KS 66043

Address Service Requested

Citizenship Washington Focus Ornament Sale

Leavenworth County CWF Delegates are selling ornaments to help pay for their trip to Washington DC. Ornaments are \$12 each. Deadline to order is December 15th. Contact the Extension Office or find a CWF Delegate to order.

